

Daily Morning Prayer: Rite Two 5/23/23
Helena of Constantinople, Protector of the Holy Places, 330

Alleluia! Christ is risen.
The Lord is risen indeed. Alleluia!

Confession of Sin

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Let us confess our sins against God and our neighbor.

Officiant and People together, kneeling or standing

Most merciful God,
we confess that we have sinned against you
in thought, word, and deed,
by what we have done,
and by what we have left undone.
We have not loved you with our whole heart;
we have not loved our neighbors as ourselves.
We are truly sorry and we humbly repent.
For the sake of your Son Jesus Christ,
have mercy on us and forgive us;
that we may delight in your will,
and walk in your ways,
to the glory of your Name. Amen.

The Priest alone stands and says

Almighty God have mercy on you, forgive you all your sins through our Lord Jesus Christ, strengthen you in all goodness, and by the power of the Holy Spirit keep you in eternal life. *Amen.*

The Invitatory and Psalter

All stand

Officiant Lord, open our lips.

People And our mouth shall proclaim your praise.

Officiant and People

Glory to the Father, and to the Son, and to the Holy Spirit: as it was in the beginning, is now, and will be for ever. Amen.

Except in Lent, add Alleluia.

Alleluia.

Christ our Passover has been sacrificed for us; *
 therefore let us keep the feast,
Not with the old leaven, the leaven of malice and evil, *
 but with the unleavened bread of sincerity and truth. Alleluia.

Christ being raised from the dead will never die again; *
 death no longer has dominion over him.
The death that he died, he died to sin, once for all; *
 but the life he lives, he lives to God.
So also consider yourselves dead to sin, *
 and alive to God in Jesus Christ our Lord. Alleluia.

Christ has been raised from the dead, *
 the first fruits of those who have fallen asleep.
For since by a man came death, *
 by a man has come also the resurrection of the dead.
For as in Adam all die, *
 so also in Christ shall all be made alive. Alleluia.

Psalm 2 *Quare fremuerunt gentes?*

- 1 Why are the nations in an uproar? *
 Why do the peoples mutter empty threats?
- 2 Why do the kings of the earth rise up in revolt,
 and the princes plot together, *
 against the LORD and against his Anointed?
- 3 "Let us break their yoke," they say; *
 "let us cast off their bonds from us."
- 4 He whose throne is in heaven is laughing; *
 the Lord has them in derision.
- 5 Then he speaks to them in his wrath, *
 and his rage fills them with terror.
- 6 "I myself have set my king *
 upon my holy hill of Zion."
- 7 Let me announce the decree of the LORD: *
 he said to me, "You are my Son;
 this day have I begotten you.
- 8 Ask of me, and I will give you the nations for your inheritance *
 and the ends of the earth for your possession.
- 9 You shall crush them with an iron rod *
 and shatter them like a piece of pottery."
- 10 And now, you kings, be wise; *
 be warned, you rulers of the earth.

- 11 Submit to the LORD with fear, *
and with trembling bow before him;
12 Lest he be angry and you perish; *
for his wrath is quickly kindled.
13 Happy are they all *
who take refuge in him!

At the end of the Psalms is sung or said

Glory to the Father, and to the Son, and to the Holy Spirit: *
As it was in the beginning, is now, and will be for ever. *Amen*

The Lessons

Micah 4:1-4

In days to come the mountain of the LORD's house shall be established as the highest of the mountains, and shall be raised up above the hills. Peoples shall stream to it, and many nations shall come and say: "Come, let us go up to the mountain of the LORD, to the house of the God of Jacob; that he may teach us his ways and that we may walk in his paths." For out of Zion shall go forth instruction, and the word of the LORD from Jerusalem. He shall judge between many peoples, and shall arbitrate between strong nations far away; they shall beat their swords into plowshares, and their spears into pruning hooks; nation shall not lift up sword against nation, neither shall they learn war any more; but they shall all sit under their own vines and under their own fig trees, and no one shall make them afraid; for the mouth of the LORD of hosts has spoken.

The Word of the Lord.

Answer Thanks be to God.

Canticle 9 *The First Song of Isaiah*

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Surely, it is God who saves me; *
I will trust in him and not be afraid.
For the Lord is my stronghold and my sure defense, *
and he will be my Savior.
Therefore you shall draw water with rejoicing *
from the springs of salvation.
And on that day you shall say, *
Give thanks to the Lord and call upon his Name;
Make his deeds known among the peoples; *
see that they remember that his Name is exalted.
Sing the praises of the Lord, for he has done great things, *
and this is known in all the world.
Cry aloud, inhabitants of Zion, ring out your joy, *
for the great one in the midst of you is the Holy One of Israel.

Glory to the Father, and to the Son, and to the Holy Spirit: *
as it was in the beginning, is now, and will be for ever. Amen.

Luke 23:26-32

As they led Jesus away, they seized a man, Simon of Cyrene, who was coming from the country, and they laid the cross on him, and made him carry it behind Jesus. A great number of the people followed him, and among them were women who were beating their breasts and wailing for him. But Jesus turned to them and said, "Daughters of Jerusalem, do not weep for me, but weep for yourselves and for your children. For the days are surely coming when they will say, 'Blessed are the barren, and the wombs that never bore, and the breasts that never nursed.' Then they will begin to say to the mountains, 'Fall on us'; and to the hills, 'Cover us.' For if they do this when the wood is green, what will happen when it is dry?"

Two others also, who were criminals, were led away to be put to death with him.

The Word of the Lord.

Answer Thanks be to God.

The Apostles' Creed

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Officiant and People together, all standing

I believe in God, the Father almighty,
creator of heaven and earth.

I believe in Jesus Christ, his only Son, our Lord.

He was conceived by the power of the Holy Spirit
and born of the Virgin Mary.

He suffered under Pontius Pilate,
was crucified, died, and was buried.

He descended to the dead.

On the third day he rose again.

He ascended into heaven,
and is seated at the right hand of the Father.

He will come again to judge the living and the dead.

I believe in the Holy Spirit,
the holy catholic Church,
the communion of saints,
the forgiveness of sins,
the resurrection of the body,
and the life everlasting. Amen.

The Prayers

Officiant The Lord be with you.

People And also with you.

Officiant Let us pray.

Our Father, who art in heaven,

hallowed be thy Name,

thy kingdom come,

thy will be done,

on earth as it is in heaven.

Give us this day our daily bread.

And forgive us our trespasses,

as we forgive those

who trespass against us.

And lead us not into temptation,

but deliver us from evil.

For thine is the kingdom,

and the power, and the glory,

for ever and ever. Amen.

Suffrages A

V. Show us your mercy, O Lord;

R. And grant us your salvation.

V. Clothe your ministers with righteousness;

R. Let your people sing with joy.

V. Give peace, O Lord, in all the world;

R. For only in you can we live in safety.

V. Lord, keep this nation under your care;

R. And guide us in the way of justice and truth.

V. Let your way be known upon earth;

R. Your saving health among all nations.

V. Let not the needy, O Lord, be forgotten;

R. Nor the hope of the poor be taken away.

V. Create in us clean hearts, O God;

R. And sustain us with your Holy Spirit.

The Collect of the Day

Most Merciful God, who blessed your servant Helena with such grace and devotion to you that she venerated the very footsteps of our Savior; Grant unto us the same grace that, aided by her prayers and example, we also may always behold your glory in the cross of your Son. Through the same Jesus Christ our Lord; who lives and reigns with you, in the unity of the Holy Spirit, one God, for ever and ever. *Amen.*

A Collect for the Renewal of Life

O God, the King eternal, whose light divides the day from the night and turns the shadow of death into the morning: Drive far from us all wrong desires, incline our hearts to keep your law, and guide our feet into the way of peace; that, having done your will with cheerfulness during the day, we may, when night comes, rejoice to give you thanks; through Jesus Christ our Lord. *Amen.*

A Collect for Mission

O God, you have made of one blood all the peoples of the earth, and sent your blessed Son to preach peace to those who are far off and to those who are near: Grant that people everywhere may seek after you and find you; bring the nations into your fold; pour out your Spirit upon all flesh; and hasten the coming of your kingdom; through Jesus Christ our Lord. *Amen.*

Intercessions, Thanksgivings, and Spontaneous Prayers may follow.

The General Thanksgiving

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Officiant and People

Almighty God, Father of all mercies,
we your unworthy servants give you humble thanks
for all your goodness and loving-kindness
to us and to all whom you have made.
We bless you for our creation, preservation,
and all the blessings of this life;
but above all for your immeasurable love
in the redemption of the world by our Lord Jesus Christ;
for the means of grace, and for the hope of glory.
And, we pray, give us such an awareness of your mercies,
that with truly thankful hearts we may show forth your praise,
not only with our lips, but in our lives,
by giving up our selves to your service,
and by walking before you
in holiness and righteousness all our days;
through Jesus Christ our Lord,
to whom, with you and the Holy Spirit,
be honor and glory throughout all ages. *Amen.*

A Prayer of St. Chrysostom

Almighty God, you have given us grace at this time with one accord to make our common supplication to you; and you have promised through your well-beloved Son that when two or three are gathered together in his Name you will be in the midst of them: Fulfill now, O Lord, our desires and petitions as may be best for us; granting us in this world knowledge of your truth, and in the age to come life everlasting. *Amen.*

Then may be said

Let us bless the Lord.

Thanks be to God.

The grace of our Lord Jesus Christ, and the love of God, and the fellowship of the Holy Spirit, be with us all evermore. *Amen.* *2 Corinthians 13:14*